

FOOD



Banana Bread	7.9
Toasted with butter	
Croissants and pastries (until sold out)	
Croissant	7.9
Croissant with butter and jam	9.9
Smoked ham, brie and signature relish	13.9
Smoked salmon, cream cheese, dill and fried capers	16.9
Assorted pastries	from 7.9
Cinnamon scroll	7.9
Bacon and egg roll (until 11am)	13.7
Bacon, fried egg, caramelised onion and signature relish or choice of sauce	
Upsize it with a hashbrown, cheese, baby spinach and hollandaise sauce +5.2	
Sourdough Toastie (until sold out)	17.9
<ul style="list-style-type: none">• Halloumi, roast pumpkin, pesto, baby spinach, caramelised onions• Chipotle chicken with caramelised onions, cheese and jalapenos• The Rueben, slow cooked corned beef, pickles, mustard and cheese	
Assorted wraps (until sold out)	13.7
<ul style="list-style-type: none">• Brekkie wrap w scrambled egg, bacon, baby spinach, cheese, BBQ sauce• Tandoori chicken w yoghurt mint sauce, cucumber and baby spinach• Chicken Caesar wrap w crispy bacon and parmesan cheese	
Eggs how you like on sourdough (until 11am)	13.5
Add ons; bacon 6, hashbrown 3.5, avocado 5, mushrooms 6, halloumi 6, grilled tomato 5, baked beans 5	
Eggs benedict on sourdough (until 11am)	18.9
Comes with your choice of avocado or bacon, or upgrade to smoked salmon +3.9	
Rissole Sanga (until sold out)	15.9
Handmade rissole with cheese, lettuce, mayo, and signature sauce	

Check the boards for the daily soup and other specials. A selection of Essence specialty cakes available until sold out .

If you have any food allergies please discuss with staff when ordering. We use gluten, nuts, eggs and dairy in our kitchen.

10% weekend and 20% public holiday surcharge applies. We don't like charging it but we do like being a good employer.

DRINK



	Regular	Large
Hot drinks		
Flat white	5	5.7
Cappuccino	5	5.7
Latte	5	5.7
Chai latte	5	5.7
Hot chocolate, add marshmallow +30c	5	5.7
Long black (2 shots in both sizes)	5	5.7
Espresso/Piccolo/Macchiato (1 shot)	3.7	
Micro lot (single origin) +70c		
Dirty chai latte	5.5	6.2
Mochaccino	5.5	6.2
Cold drinks		
Iced coffee with ice cream and cream	8.9	
Iced latte	7.9	
Chai latte	7.9	
Iced chocolate with cream	8.9	
Iced long black	7.9	
Iced mocha with cream	8.9	
Iced tea, lemon or peach	7.9	
Smoothie, berry or mango	8.9	
Milkshake, kids size available	8.9	
Leaf tea	5.9	
Early grey		
English breakfast		
Green		
Heal		
Peppermint		
Chai Masala		
Mylks	.70	1.00
Almond		
Oat		
Soy		
Lactose Free		

Additional shot, syrups, other extras +70cents

A selection of Essence house baked specialty cakes available until sold out .

10% weekend and 20% public holiday surcharge applies. We don't like charging it but we do like being a good employer.