



BREAKFAST MENU



SATURDAY AND SUNDAY

HOT BREAKFAST

Until 11.30am

EGGS HOW YOU LIKE 15

Served on toasted cottage loaf, poached or fried, or scrambled +2

AVO FETA SMASH 22

Served on sourdough, with pickled onion, balsalmic glaze and feta. Add poached eggs +6

BACON & EGG ROLL 14

Crispy bacon & fried egg, topped with caramlised onion and housemade relish on a toasted sesame seed bun.

DOUBLE SAUSAGE EGG MUFFIN 20

double Italian sausage patty from our local butcher with fried egg, melted cheddar and wholegrain mustard, served on an English muffin with a hashbrown

ADD ONS

Bacon, two hashbrowns, avocado, mushrooms, halloumi, 6 EACH
wilted spinach, local butcher Italian sausage

grilled tomato, baked beans 5 EACH

All food prepared with care in our kitchen. We use gluten, nuts, dairy and egg extensively. Please advise staff of any allergies when ordering.

Weekend surcharge 10% and public holiday 20%. We may close early when we aren't busy to manage costs for the benefit of our customers. Thank you for your understanding and ongoing support. All feedback welcome in store

HOT BREAKFAST

Until 11.30am

EGGS BENEDICT ON SOURDOUGH 25

poached eggs on a bed of baby spinach w creamy hollandaise sauce, served with your choice of crispy bacon or mushrooms

THE ESSENCE RUEBEN 18

Sourdough toastie w housemade slow cooked corned beef, pickles, mustard, cheese and our special sauce

CHIPOTLE CHICKEN 18

SD toastie w caramelised onions, cheddar cheese, jalapenos, mayo

THE RISSOLE SANGA 17

Housemade 200gm rissole patty, served on cottage loaf with cheese, baby spinach, pickles and Essence tonkatsu sauce and mayo

ESSENCE HOUSE BEAN BRUNCH 20

Rustic saute of tomatoes, onion and garlic, simmered with hearty beans, topped with feta and served with toasted cottage loaf

WAFFLE STACK 26

Served with seasonal fruit, ice cream and maple syrup

THE TOMAREE BIG BREAKFAST 29

handmade Italian sausage patty from our local butcher, crispy bacon, eggs how you like (scramble +2), grilled tomato, sauteed butter mushrooms, and a hashbrown with toasted cottage loaf

OPENING HOURS
6AM - 2PM WEEKDAYS
7AM - 12PM SAT SUN

02 4981 5591



• DRINKS •



AND SNACKS

HOT DRINKS

<i>Latte, cappuccino, flat white, long black</i>	S5 L6
<i>Bondi chai latte</i>	S5 L6
<i>Mocha, dirty chai latte</i>	S6 L7
<i>Hot choc, add marshmallow +30c</i>	S5 L6
<i>Tigersnake espresso</i>	3.7
<i>Piccolo, macchiato</i>	4
LEAF TEA	
<i>Early grey, english breakfast, green, peppermint, chai masala</i>	L6
EXTRAS	
<i>Mylks - almond, oat, soy, lactose free</i>	+1 +2
<i>Shots, syrups, other extras</i>	+1

GOLD DRINKS

<i>Iced coffee w cream and ice cream</i>	9
<i>Iced latte, matcha latte, chai latte, long black</i>	S6 L8
<i>Iced strawberry matcha latte w housemade coulis</i>	10
<i>Iced choc with cream</i>	9
<i>Iced mocha with cream</i>	9
<i>Iced tea, ask staff about todays' tea</i>	8
COLD BREW ENERGY DRINK	8
SMOOTHIES	
<i>Berry bliss, banana cacao, summer delight</i>	11
MILK SHAKES	
<i>Chocolate, coffee, vanilla, strawberry, caramel</i>	S7 L9
<i>Make it a thickshake</i>	+2

DAILY BAKE

<i>Banana bread, raisin toast, cottage loaf toast</i>	8
<i>Danishes, muffins, cruffins, pastries</i>	<i>from</i> 6~
<i>Housemade almond croissant</i>	10

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GRAB & GO

<i>Brekky wrap</i>	15
<i>Ham & cheese toastie on cottage loaf</i>	11
<i>Tomato cheese & onion toastie on cottage loaf</i>	11
<i>Assorted quiche, frittata, salads</i>	<i>from</i> 13~
<i>Croissant w smoked ham, brie, signature relish</i>	14